



Cymwysterau mewn llythrennedd a rhifedd Qualifications in literacy and numeracy	35%
Cymwysterau i annog ehangder Qualifications to encourage breadth	50%
Dysgu a phrofiadau ehangach ar draws y cwricwlwm Wider learning experiences across the curriculum	10%
Myfyrio ar ddysgu a chynnydd / Cynllunio ôl 16 Reflections on learning and progress / Post-16 planning	5%

				COLOFNAU OPSIWN				
				COLUMN OPTIONS				
				✓	✓	✓	✓	✓
Cymraeg Iaith a Llenyddiaeth: unigol a dwyradd	Saesneg Iaith a Llenyddiaeth: unigol a dwyradd	Mathemateg a Rhifedd: dwyradd	Y Gwyddorau: dwyradd	Dysgwyr i ddewis 4 pwnc + 1 (BAC / Addysg Gorfforol / Addysg Cyberthyniad a Rhywioldeb, a chrefydd, gwerthoedd a moeseg) Learners to choose 4 subjects + 1 (BAC / PE / relationships and sexuality education (RSE) and religion, values and ethics (RVE))				
Welsh Language and Literature: single and double award	English Language and Literature: single and double award	Mathematics and Numeracy: double award	The Sciences: double award					
7	7	7	9	6	6	6	6	6

Myfyrio ar ddysgu a chynnydd / Cynllunio ôl 16 / Addysg Gyrfaoedd a phrofiadau sy'n gysylltiedig â byd gwaith

Reflections on learning and progress / Post-16 planning / Careers and Work-Related Experiences

Llun / Mer / Iau / Gwener Mon / Weds / Thurs / Fri		Mawrth / Tuesday	
08:50 – 09:10	Cofrestru Registration	08:50 – 09:40	Myfyrio a Chynllunio
09:10 -10:00	Gwers 1 Lesson 1	09:40 -10:25	Gwers 1 Lesson 1
10:00 – 10:50	Gwers 2 Lesson 2	10:25 – 11:10	Gwers 2 Lesson 2
10:50 – 11:10	Egwyl Break	11:10 - 11:30	Egwyl Break
11:10 – 12:00	Gwers 3 Lesson 3	11:30 – 12:15	Gwers 3 Lesson 3
12:00 – 12:50	Gwers 4 Lesson 4	12:15 – 13:00	Gwers 4 Lesson 4
12:50 – 13:40	Cinio Lunch	13:00 – 13:50	Cinio Lunch
13:40 – 14:30	Gwers 5 Lesson 5	13:50 – 14:35	Gwers 5 Lesson 5
14:30 - 15:20	Gwers 6 Lesson 6	14:35 - 15:20	Gwers 6 Lesson 6

Opsiynau 14-16, Medi 2025

Colofn A	Colofn B	Colofn C	Colofn D	Colofn E
Bwyd a Maeth	Addysg Berthnasol a Chymdeithasol	Iechyd a Gofal	Iechyd a Gofal	
Addysg Gorfforol		Addysg Gorfforol		Bwyd a Maeth
		Ffrangeg		
Astudiaethau Crefyddol	Daearyddiaeth	Busnes	Busnes	Astudiaethau Crefyddol
SAS	Hanes	Hanes	Daearyddiaeth	Hanes
Dylunio a Thechnoleg	Technoleg Ddigidol	Cyfrifiadureg	Gwyddoniaeth Driphlyg	Technoleg Ddigidol
Technoleg Ddigidol	Tecstilau	Dylunio a Thechnoleg	Dylunio a Thechnoleg	Gwyddoniaeth Driphlyg
	Dylunio a Thechnoleg			
Drama				Celf a Dylunio
Celf a Dylunio	Celf a Dylunio	Celf a Dylunio	Cerddoriaeth	
Mathemateg Ychwanegol				
Profiad Gwaith / Gwaith Gwirfoddol	Portal Sweet	Portal Sweet	Portal Sweet	Profiad Gwaith / Gwaith Gwirfoddol
Cyrsiau Consortiwm				Cyrsiau Consortiwm
BAC/ Addysg Gorfforol / addysg cydberthynas a rhywioldeb, a chrefydd, gwerthoedd a moeseg)	BAC/ Addysg Gorfforol / addysg cydberthynas a rhywioldeb, a chrefydd, gwerthoedd a moeseg)		BAC/ Addysg Gorfforol / addysg cydberthynas a rhywioldeb, a chrefydd, gwerthoedd a moeseg)	BAC/ Addysg Gorfforol / addysg cydberthynas a rhywioldeb, a chrefydd, gwerthoedd a moeseg)

***** Rhaid dewis Opsiwn Brown mewn un colofn *****

14-16 Options, September 2025

Column A	Column B	Column C	Column D	Column E
Food and Nutrition	Personal and Social Education	Health and Social	Health and Social	
Physical Education		Physical Education		Food and Nutrition
		French		
Religious Studies	Geography	Business	Business	Religious Studies
Business	History	History	Geography	History
Design and Technology	Digital Technology	Computer Science	Triple Science	Digital Technology
Digital Technology	Textiles	Design and Technology	Design and Technology	Triple Science
	Design and Technology			
Drama				Art and Design
Art and Design	Art and Design	Art and Design	Music	
Additional Mathematics				
Work experience / Volunteer work	Portal Sweet	Portal Sweet	Portal Sweet	Work experience / Volunteer work
Consortium Courses				Consortium Courses
BAC/ PE / relationships and sexuality education (RSE) and religion, values and ethics (RVE))	BAC/ PE / relationships and sexuality education (RSE) and religion, values and ethics (RVE))		BAC/ PE / relationships and sexuality education (RSE) and religion, values and ethics (RVE))	BAC/ PE / relationships and sexuality education (RSE) and religion, values and ethics (RVE))

***** You must choose one brown option *****

Cyrsgiau Consortiwm / Consortium Courses

Colofn A / Column A	Colofn E / Column E (Coleg Menai)
Adeiladwaith L1 / Construction L1 (Coleg Menai)	BTEC Peirianeg Fecanyddol L2 / BTEC Mechanical Engineering L2
Amgylchedd Adeiledig L2 / Built Environment L2 (Ysgol Syr Thomas Jones)	Peirianeg Fecanyddol L1 / Mechanical Engineering L1
Twristiaeth L2 / Tourism L2 (Ysgol Uwchradd Bodedern)	Peirianeg Trin Ceir L1 / Automotive Engineering L1
	Peirianeg Chwaraeon Modurol L2 / Motor Sport Engineering L2
	Trin Gwallt a Harddwch L2 / Beauty Therapy L2 (Ysgol Uwchradd Bodedern)
	Trin Gwallt a Harddwch L1 / Hair and Beauty L1

Prynhawn estynedig / Extended afternoon

4:15/4:30 finish

Meysydd Dysgu a Phrofiad / Areas of learning and experience

<p>Ieithoedd, Llythrennedd a Chyfathrebu</p>	<p>Mae dysgu a phrofiad yn y Maes hwn yn anelu at alluogi dysgwyr i gyfathrebu'n effeithiol gan ddefnyddio Cymraeg, Saesneg ac ieithoedd rhyngwladol.</p>	<p>Cymraeg, Saesneg, Llenyddiaeth ✓</p> <p>Colofnau Opsiwn Ffrangeg</p>
<p>Languages, Literacy and Communication</p>	<p>It aims to support learning across the whole curriculum and to enable learners to gain knowledge and skills in Welsh, English and international languages as well as in literature</p>	<p>Welsh, English, literature ✓</p> <p>Option Columns French</p>
<p>Mathemateg a Rhifedd</p>	<p>Mae cynnydd ym Maes Dysgu a Phrofiad Mathemateg a Rhifedd yn cynnwys datblygu pum hyfedredd cysylltiedig a rhyngddibynnol.</p> <ul style="list-style-type: none"> • Dealltwriaeth gysyniadol • Cyfathrebu gan ddefnyddio symbolau <ul style="list-style-type: none"> • Cymhwysedd strategol • Rhesymu rhesymegol <ul style="list-style-type: none"> • Rhuglder 	<p>Mathemateg a Rhifedd</p> <p>Colofnau Opsiwn Mathemateg Ychwanegol</p>
<p>Mathematics and Numeracy</p>	<p>Progression in the Mathematics and Numeracy of Learning and Experience involves the development of five connected and interdependent proficiencies which have no hierarchy.</p> <ul style="list-style-type: none"> • Conceptual understanding • Communication using symbols <ul style="list-style-type: none"> • Fluency • Logical reasoning • Strategic competence 	<p>Mathematics and Numeracy ✓</p> <p>Option Columns Additional Mathematics</p>

<p>Gwyddoniaeth a Thechnoleg</p>	<p>Mae'r Maes hwn yn tynnu ar ddisgyblaethau bioleg, cemeg, gwyddoniaeth gyfrifiadurol, dylunio a thechnoleg, a ffiseg er mwyn dyfnhau gwybodaeth a dealltwriaeth dysgwyr o'r byd.</p>	<p>Y Gwyddorau: Dwyrawd ✓</p> <p>Colofnau Opsiwn Gwyddoniaeth Driphlyg Dylunio a Thechnoleg Cyfrifiadureg Ffasiwn a Thesctilau Technoleg Ddigidol</p>
<p>Science and Technology</p>	<p>This Area draws on the disciplines of biology, chemistry, computer science, design and technology, and physics to enhance learners' knowledge and understanding of the world.</p>	<p>The Sciences: Double award ✓</p> <p>Column options Triple Science Design and Technology Computer Science Fashion and Textiles Digital Technology</p>
<p>Y Dyniaethau</p>	<p>Mae'r Maes hwn yn cwmpasu daearyddiaeth; hanes; crefydd, gwerthoedd a moeseg; astudiaethau busnes ac astudiaethau cymdeithasol. Yn ogystal, gall dysgwyr gael eu cyflwyno i ddisgyblaethau cysylltiedig eraill, megis y clasuron, economeg, y gyfraith, athroniaeth, gwleidyddiaeth, seicoleg a chymdeithaseg.</p>	<p>Crefydd, gwerthoedd a moeseg ✓</p> <p>Colofnau Opsiwn Daearyddiaeth Hanes Astudiaethau Crefyddol Busnes</p>
<p>Humanities</p>	<p>The Area encompasses geography; history; religion, values and ethics; business studies and social studies. Learners may also be introduced to other complementary disciplines, such as classics, economics, law, philosophy, politics, psychology and sociology.</p>	<p>Religion, values and ethics (RVE) ✓</p> <p>Option Columns Geography History Religious Studies Business</p>

<p>Celfyddydau Mynegiannol</p>	<p>Mae Maes Dysgu a Phrofiad y Celfyddydau Mynegiannol (Maes) yn cwmpasu pum disgyblaeth, sef celf, cerddoriaeth, dawns, drama, a ffilm a'r cyfryngau digidol.</p>	<p><u>Colofnau Opsiwn</u> Celf Drama Cerdd</p>
<p>Expressive Arts</p>	<p>The Expressive Arts Area of Learning and Experience (Area) spans five disciplines: art, dance, drama, film and digital media and music.</p>	<p><u>Option Columns</u> Art Drama Music</p>
<p>Iechyd a Lles</p>	<p>Mae Maes Dysgu a Phrofiad Iechyd a Lles yn darparu strwythur holistaidd ar gyfer deall iechyd a lles. Mae'n ymwneud â datblygu gallu dysgwyr i wynebu heriau a chyfleoedd bywyd. Elfennau sylfaenol y Maes hwn yw iechyd a datblygiad y corff, iechyd meddwl, a lles emosiynol a chymdeithasol.</p>	<p><u>Addysg Gorfforol -Craidd✓</u> <u>Addysg cydberthynas a rhywioldeb✓</u> <u>Colofnau Opsiwn</u> Addysg Gorfforol Bwyd a Maeth Iechyd a Gofal Addysg Berthnasol a Chymdeithasol</p>
<p>Health and Well-being</p>	<p>The Health and Well-being Area of Learning and Experience provides a holistic structure for understanding health and well-being. It is concerned with developing the capacity of learners to navigate life's opportunities and challenges. The fundamental components of this Area are physical health and development, mental health, and emotional and social well-being.</p>	<p><u>Physical Education -Core✓/</u> <u>Relationships and sexuality education (RSE) ✓</u> <u>Option Columns</u> Physical Education Food and Nutrition Health and Social Care Personal and Social education</p>